

Sarah Groom

From: Anna Beams <Anna.Beams@ssalc.co.uk>
Sent: 20 August 2019 09:57
Cc: Trevor Leggo; Finance; Anne Bott; Richard Olliver; Chair SURREYALC
Subject: Re: Health & Wellbeing Survey
Attachments: HW Questionnaire.docx

Importance: High

Health and Wellbeing in Local Councils

The attached questionnaire is being sent to all parish and town councils as a prelude to a Surrey wide project to encourage local councils into becoming involved in local Health and Wellbeing issues. I am sure your Council is already either knowingly or unknowingly doing something to improve your resident's wellbeing.

There are a wealth of local services already being managed or supported by local councils. Many of you provide leisure and sporting facilities for your residents. Sports fields and recreational parks are available in many areas. Community Halls often house fitness classes and clubs. Some councils run coffee mornings for elderly and disabled. The list is endless but there is still much room for new projects.

The Surrey ALC Board have decided that emphasis should be placed on loneliness, dementia and the elderly as these groups are less well catered for than facilities for children and young adults.

Please fill in this questionnaire either as a Council or as individual Councillors. We want to hear what you are already doing, what you plan to do and what you would like to do if the opportunity arose.

Remember that projects do not have to be confined to your Council but can be shared with other neighbouring councils either as a local cluster or on a casual basis.

I have been asked to head up this project because of my background in family medicine. I will produce update reports as the project moves forward and expect to give a presentation at the Surrey ALC AGM and Conference. Please feel free to contact me through Surrey ALC offices if you wish to discuss ideas.

Dr Richard Olliver

Vice President Surrey ALC

PLEASE RETURN THE QUESTIONNAIRE TO SURREY ALC LTD, SUITE C, SACKVILLE HOUSE, BROOKS CLOSE, LEWES, EAST SUSSEX, BN7 2FZ OR FINANCE@SSALC.CO.UK BY FRIDAY 28TH SEPTEMBER 2019.

Kind regards,

Anna Beams
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Direct Dial: 01273 830204

****Updated Clerks Training Programme now available on our website – includes brand new events for 2019/20!****

Health and Wellbeing Questionnaire

Thank you for taking the time to complete this questionnaire. I should take around 10 minutes to complete. Please note that Health & Wellbeing is abbreviated to H&W throughout the survey.

1. What is the name of your Council?
2. Please enter your name and role within the Council here.
3. Does your Council have the General Power of Competence?

Yes	
No	

4. The following statements relate to the value of the H&W Project. Please mark how much the Council agrees with these statements.

It is appropriate for local Councils to do more to support the H&W of the community.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree

It is NOT appropriate for local Councils to support H&W of the community.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree

The Council would like to do more to support H&W of the community.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree

Local Councils can play a key role in supporting H&W in their communities.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree

If it was easier to set up and run relevant services, the Council would do more to support H&W.

Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree

5. The Council would consider strongly making provision in future budgets to undertake H&W work

Yes	
No	

6. Please list here any barriers which the Council considers to prevent or restrict the H&W services it can be involved in or deliver.
7. Below is a list of H&W services which could be provided by individual local Councils. Feel free to add any ideas of your own as the list is not all encompassing. Tell us what you do now and what you have planned for the future?

	DO NOW	PLANNED
Football Pitches		
Recreation Parks		
Fitness equipment		
Supporting local fitness classes and sports clubs		
Involvement in patient participation groups		
Liaison with local GP Practices and Commissioning Groups		
Encouraging or organising local volunteer groups		
Use of community halls for clinics		
Encouraging improved understanding of Health and Wellbeing issues		
Arranging new defibrillators		
Encourage training in First Aid (including Councillors)		
Skateparks		

8. Projects focussing on our main areas of interest – Dementia and Loneliness. Tell us what you do now and what you have planned for the future.

	DO NOW	PLANNED
Encouraging members and local residents to become dementia friends		
Facilitate the training of dementia friends		
Organising or facilitating Dementia Cafes		
Giving grants to locally lead projects		
Supporting local organisations who cater for the elderly and lonely		
Use of community halls for the vulnerable		
Encouraging local organisations to be more friendly and approachable		
Arranging local volunteers to accompany or buddy lonely people		
Encourage local lonely people to become volunteers (make friends)		
Computer Club (facilitate IT skills)		
Lunch Clubs		
Film Clubs with refreshments		
Support clubs like U3A		
Facilitate local transport – minibuses		
Volunteer driver schemes		
Work with managers of local Sheltered Accommodation schemes to get residents mixing more.		

9. What other ideas does your Council have either currently or in the future for the Health and Wellbeing of your residents and in particular in the Loneliness and Dementia categories.

10. Tell us what would your Council like to do if supporting financial resources could be identified?

11. What help would you like Surrey ALC to give you in H&W projects?