

The Nurturing Programme

How to get the best out of family life

The Nurturing Programme is a 10-week group course to help parents and carers deal with the challenges of family life and create a calmer, happier environment.

It is a tried and tested support programme to help us think about what we do, why we do it and how it makes us feel.

You should plan to attend each of the 10 sessions:

Tuesday 13th January 2026	Tuesday 10th February	Tuesday 10th March
Tuesday 20th January	Tuesday 24th February	Tuesday 17th March
Tuesday 27th January	Tuesday 3rd March	Tuesday 24th March
Tuesday 3rd February		



9:30-11:30am



Pirbright School, School Lane, Pirbright GU24 0JN



Book at: www.familiesfirstguildford.com/events

